



Summer Holiday Homework

Name: _____

Grade: KG

“Tell me and I forget , teach me and I may remember , involve me and I learn ”
- Benjamin Franklin

Greetings !

Dear Parent,

We wish you and your child a very happy summer holidays . It's time to enjoy and create a bond with family, friends and relatives. To utilize this time in the most constructive way we have prepared Holiday Homework for the students on the principle of 'learning by doing' for their holistic development.

So here we start.....

1. Morning Blessings

Help your child inculcate good habits like doing "Surya Namaskar" and encourage him/her to wish all elders in the morning. If possible, visit a temple or any other religious place of your choice.

2. Physical Development

- Take the child with you for morning/evening walk.
- Play different games like **hide and seek, football, ludo, chess, snakes and ladders, carrom board etc.** with your child.



3. Language Development

- Encourage your child to converse in English.
- Choose any 1 object from your surroundings every day. Let the child speak few lines on it. For example: This is an apple . It is red in colour. It is sweet and juicy. An apple a day keeps the doctor away.

4. Being Good

- Help your child inculcate good habits like doing 'Surya Pranam' & encourage him / her to greet all elders in the morning.

- Help your child to use 4 magical words : PLEASE, SORRY, THANK YOU, EXCUSE ME as the part of basics of good manners.
- Encourage your child to listen.
- Gently care for animals. Encourage your child to be empathetic towards animals.
- Involve your child to sow a plant in a pot and give water. Give knowledge about plants and trees. Explain to them that they are an integral part of their growing up.
- Have at least two meals together with your children. Teach them the importance and hard work of the farmer and ask them not to waste their food.
- Let them take their own plates after every meal . Children learn dignity of labour from such activities.

4. Health and Hygiene

“Healthy mind resides in a healthy body.” So start your day early and set a routine even during vacations. In addition you and your little one can spend some quality time playing, cycling, swimming to keep yourself fit and healthy. Encourage your child to take care of personal hygiene by inculcating the habits like washing hands, practicing yoga, eating healthy food etc.

Sustainable Development Goal 3 Ensure healthy lives and promote well-being for all at all ages.



Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. **Record a video of your child. Encourage the child to name 5 healthy and 5 junk food. Also motivate him/her to mention the reasons for which we should not consume junk food. Make this video and send to the class teacher.**

ACTIVITIES...

Calendar Making

Activity 1: Help the child to create a calendar of His/her birthday month on an A-4 size sheet and highlight his/her birth date. Like - shown in the picture. You can also use your creativity to make the calendar appealing.



Folder Making

Activity 2: Let the child learn how to organize and manage his/her documents. So, with the help of parents, let the child make a folder with handmade sheets (as shown in pic). Write name of the child on it. Child will be using it in the class to keep his/her worksheets.



Table Mat

Activity 3: Let the child create an art piece on A3 sheet using crayons or oil pastel colours. Let the child use his/her own creativity. Few images have been given for reference. Child can draw anything (a scene of garden, night scene with stars and moon on black sheet, river side scene, flowers etc). Colour and decorate nicely. Get it laminated send it to the school and it will be kept in class so that your child use it during the lunch break.



Father's Day

Activity 4: Special Day for Fathers!

On Father's Day i.e. June 17, 2022 with the help of the sibling/mother, your child should prepare yummy Oreo shake with ice cream and surprise his/her father.

Yummy Oreo shake with Ice cream

Ingredients:

1. 4 tsp chocolate syrup
2. 8 Oreo cookies
3. 1 cup milk
4. 2 cups vanilla Ice-cream

Method:

Put 1tsp syrup into each of 4 glasses. Roll each glass to coat bottom and inside of glass. Finely chop 4 cookies and set aside. Place remaining cookies in blender. Add milk and ice cream, blend until smooth. Pour into prepared glasses, top with chopped cookies. Serve immediately.



Plant Sapling

Activity 5: Learners will plant a sapling.

Material Required: Small pot, soil and sapling.

- Step 1: Fill the pot with soil.
- Step 2: Plant the sapling.
- Step 3: Water it every day and take care of it.
- Step 4: Take a photograph.

