



## **Grade V Summer Holiday Homework**

***"Tell me and I forget, teach me and I may remember, involve me and I learn"***  
***-Benjamin Franklin***

Dear learners,

Vacation is the time to get creative and learn new skills. This year, your holiday homework is a fun mix of all aspects of learning. It has been designed to ensure that you enjoy, explore and experience at the same time. The theme of your holiday homework is Sustainable Development Goal #2: **Zero Hunger**



Hunger is the leading cause of death in the world. Millions of people are surviving without food. Our planet has provided us with tremendous resources, but unequal access and inefficient handling leaves millions of people malnourished. If we promote sustainable agriculture with modern technologies and fair distribution systems, we can sustain the whole world's population and make sure that nobody will ever suffer from hunger again. We all have a role to play and help the United Nations to end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, to have safe, nutritious and sufficient food all year round by 2030. This holiday homework is a conscious step to understand our role and adopt practices to eradicate hunger from the world. So, let's join our hands towards this generous attempt.

Looking forward to an effective and efficient completion.

### **Keep in mind to-**

- Pray to almighty daily.
- Interact more and more with your family members.
- Follow a schedule during holidays.
- Manage your time wisely.
- Appreciate nature, go for walks and plant trees.
- Do your homework independently, only ask for assistance from your parents or guardians.

### **Activity 1 – Helpful Posters!**

To end hunger, achieve food security and improved nutrition we need to make people aware about the same. Let us sensitise people around us about this goal by making a colourful and informative poster. Create a poster on the topic **zero hunger** using A4 size sheet. Make your poster colourful, attractive and appealing.



### Activity 2- Story of Compassion!

Eating a balanced diet during childhood is very important and vacations are the best time to take care of all little things to have a healthy life. Prepare a moral based story on the topic **'Sharing is Caring'** with props for English Story Narration Competition. Write this story on an A4 size ruled sheet. Bring your story props to the class for the competition on 4<sup>th</sup> July.



### Activity 3- Visual Learning Aid!

Stories make us smarter as they keep the brain active and engage us in thought process. It also helps us to think, analyse, imagine and understand the concept better. Watch the stories using the following links. After watching the stories write your views about them on A4 size sheets. You can explain about the stories by writing what you understood after watching them and what are your resolutions to deal with the problems depicted in the stories. Also mention the moments wherein you had seen or witnessed such similar situations. Follow the given layout to write your reviews of the stories.

**Links:** - <https://youtu.be/6KNz2wuW08>  
<https://youtu.be/7n6bvcF0JI8>

### Activity 4- State Food Plates!

To have a healthy life we need to incorporate balanced diet in our lives. Eating good and nutritious food will help us to have a long and healthy life. People who are deprived of basic amenities do not know the importance of balance diet as well. So let us create models of food *thali* to make more & more people aware. Make a 3D balanced food *thali* of the mentioned states. Use shilpkar clay, thermocol, waste materials etc. to make items of your plate look lively. Also place name tags for each food item of your plate.

Prepare your models according to the roll numbers:

- |       |                     |
|-------|---------------------|
| 1 – 5 | - Arunachal Pradesh |
| 6-10  | - Meghalaya         |
| 11-15 | - Kerala            |
| 16-20 | - West Bengal       |
| 21-25 | - Rajasthan         |
| 26-30 | - Uttar Pradesh     |



### Activity 5- Donation Drive



"Serving humanity is Serving God". Keeping this noble service in mind, spare some time during your vacation to serve the needy. Donate food, groceries or any eatable items as per your convenience. Prepare a detailed report of your donation by filling the mentioned details in the layout. Give details like day, date, place and time of distribution; food items distributed and people who helped you in the whole process. Also write, how satisfying your experience was and what were the reactions of the people who received the donations! Below is the attached layout, make that layout on a A4 sheet to fill in your observations. Click photographs related to the event and paste them on A4 size sheets.

### Activity 6- Responsible Consumption!

1. Prepare a 'fact check' using A4 sheet. On those sheets write about the different ways of food wastage in India and paste pictures of the same.
2. Write the names of different schemes taken up by the government to provide food to the poor like mid-day meals in government schools. Explain in your own words that how they are helpful to the society?
3. Mention the names and locations of NGOs which are working to provide food to the needy people. Also write about the given points:
  - a) Founder of the NGO
  - b) Year of their formation
  - b) How will you become the part of this noble deed?

### Activity 7- Recycle Dish!

#### "Food is meant for sharing not for wasting"

Lot of people have the habit of throwing away their leftover food. We never realize that many people do not even get the amount of food we throw away. So inculcating a new habit of recycling food can solve our problems to some extent. Now recycle your leftover food and prepare 2 delicious and nutritious dishes using them. Name the dishes, do plating, write the recipes of your new invented dishes, click photographs and enjoy with your family members. Paste these photographs on A4 sheets along with your recipes.





### Activity 8- Interview time!

To deal with hunger we need to know the problem areas better. We need to get involved with such people who struggle to get their ends meet on a daily basis. To know more about the problems let us:

- ❖ Take interviews of five people around you who you think are deprived of basic amenities like clean drinking water, food, electricity, education health care facilities, shelter etc. On a A4 sheet write about occupations, names, native place and annual incomes. Also ask about their experiences, hardships and survival skills, Write these on another A4 size sheet.



- ❖ Conduct an interview of the manager of any chain of restaurants (e.g. KFC, Dominos, Haldiram, Bikanerwala, Nathus etc. or any other food point of your choice and find out how they utilize the leftover food. Ask them related questions about food management and click relevant pictures. Conclude with a message for the society. Present the work on colored A4 sheet (message and photographs).

### Activity 9- Bag of Appeal!

To make more and more people aware we need to remind them regularly about the concern-hunger! Promoting our agenda will be easy if we carry it with us everywhere we go and what can be that one thing which we can carry everywhere? There can be nothing handy and better than a 'paper bag'. So now make a paper bag and write a slogan on it-"No Hunger No Poverty". The dimensions for the bag are 28x21 cm.



### Activity 9- Angle Roti!

'Chapattis' are common source of food and dish made in almost every household. Let us be more creative with our chapattis now. You have to make a chapatti pizza using all nutritious ingredients and toppings. Then cut the pizza so that you can have the following angles: Right angle, obtuse angle, acute angle, straight angle and reflex angle. You can make more than one chapatti pizzas if you want to. Click pictures of each shape cut out of the chapatti pizzas and paste them on A4 sheets.

### Activity 10- Describe your work!

- Write 5 professions for men and women and also describe how they are discriminated in that professions on A4 size sheet
- Write 5 points on how women are discriminated in society on A4 size coloured sheet.



c) Write 5 rights that women have as a human with pictures on a A4 size coloured sheet.

### Activity 11- नारी समाजस्य कुशलवास्तुकारा



मधु खाता क्रतायते मधु खरन्ति सिन्धवाः।  
माध्वीर्नः सन्त्योषधीः ॥

Environment provides bliss to people leading their life perfectly. Rivers bliss us with sacred water and provide us health, night, morning, vegetation. Sun bliss us with peaceful life. Our cows provide us milk.

स्त्री पुरुष ईश्वर की अनुपम कृति ।  
असमानता रखकर न करो विकृत

अभिभावको की सहायता से 'लैंगिक समानता' विषय को ध्यान में रखते हुए एक ऐसा (नामों सहित ) चित्रों का कोलाज बनाएं जिसमें हमारे समाज में पुरुषों के साथ-साथ समान पद पर कार्यरत हैं। कोलाज में आए नामों का वर्ण-विच्छेद किजिए। 2 लैंगिक समानता विषय पर चित्र सहित संस्कृत में एक नारा लिखिए ।

### हिंदी गृहकार्य

१) आपके अनुसार घर में प्रतिदिन बचे हुए या समारोहों में बचने वाले भोजन का उपयोग हम किस प्रकार कर सकते हैं ? ऐसी अनेक संस्थाएं हैं जो इस भोजन को गरीब लोगो तक पहुँचती हैं । ऐसी ही पांच संस्थाओं के नाम इंटरनेट की सहायता से खोजकर लिखिए और उनके द्वारा किये जाने वाले कार्यों को लिखकर संस्था से सम्बंधित चित्र भी लगाइये ।( सभी कार्य ऐ साइज शीट पर कीजिये )

### महाकाव्य को जानो

दिए गए लिंक की सहायता से भगवान राम की जीवन कथा को जानिए । भगवान राम के जन्म से लेकर वनवास तक की कथा को सुन्दर चित्र बनाकर चित्रकथा के रूप में दर्शाते हुए 'बालकाण्ड ' नामक बुकलेट तैयार कीजिये ।

बुकलेट के अंत में पांच पंक्तियों में लिखिए भगवान राम ने वनवास काल में भोजन का प्रबंध किस प्रकार किया था ?

HAPPY  
Holidays

Note:

- 1) Put all the sheets of your holiday homework in your project file.
- 2) School will reopen on 4<sup>th</sup> July 2022, Monday.