

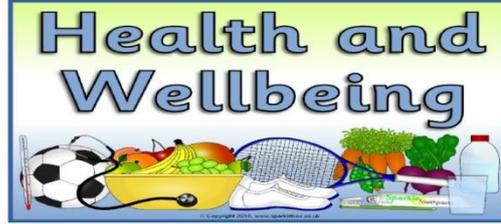


Summer Holiday Homework

Name: _____

CLASS- Nursery

“Tell me and I forget, teach me and I may remember, involve me and I learn”
Competency Development- Critical thinking



Activity 1-

Sustainable Development Goal 3 **Ensure healthy lives and promote well-being for all at all ages.** Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development.

Record a video -Tell five healthy food names and five junk food names. Tell one reason that why we should not eat junk food. Make a video and send it to your class teacher.

Newspaper Folder Activity

Activity 2- Craft activities give kids a sense of achievement and allow them to take pride in their work which builds confidence.

Let the learners make a folder with the help of old newspaper. Decorate the folder by pasting pictures of their favourite fruits and vegetables. Keep all the worksheets in the folder and submit it to the class teacher after vacations.



YOGA DAY(21 JUNE)

Activity 3- Draw pictures of a boy or girl on a white sheet with the help of your Mom. Colour them. Take help of your mom to cut them. After that make different yoga poses while pasting it. Paste all the pictures on A4 size sheet.



Healthy food for Healthy life

Activity 4- Healthy fruit salad on Father's Day

As dad has less time to spend with their tiny tots, so we have planned an activity, which will give more strength to their bonding. **On Father's day(19 June 2022)** make this fruit salad with help of your father. Click a picture with your father while having it and send it to your class teacher. It will be appreciated if both (dad & kid) wear aprons and chef caps while making the salad.

Ingredients of Fruit Salad:

- **Fresh Fruits** * **Vanilla ice cream**

Step 1 Clean and cut the fruits.

Step 2 Mix all the ingredients and relish!

Take a bowl and add vanilla ice cream, chopped fruits and stir the mixture properly. Refrigerate the salad to serve chilled.



PLANTATION ON WORLD ENVIRONMENT DAY (5th JUNE)

Activity- 5

Let's be Eco friendly! Plant one sapling with the help of your mom/dad in a pot and observe the different stages of its growth and click the weekly photographs of your plant's growth.

